

**Post Operative Instructions Following Excision of Lesions**

Your surgeon has performed an excision of a lesion/s today.

Your wound has been closed using a suture, that is either dissolvable or that will need to be removed in 5 to 10 days. Your surgeon will let you know what he/she has used.

A dressing has been applied and should be left intact for as long as possible.

You may shower normally keeping the dressing intact and pat dry or air dry.

If bleeding occurs through the dressing, apply some pressure to the area until the bleeding subsides. You may reinforce the dressing with more tape. Leave dressing intact until your post-operative appointment.

If you experience any discomfort in the short term, after the local anaesthetic has worn off, Panadol is usually sufficient, and take antibiotics if prescribed.

You should refrain from heavy lifting or exercise on the day of the procedure but may resume exercise and work the following day.

If the lesion has been removed from your lower body we recommend that you elevate the area as much as possible for the first two to three days.

If there are any signs of excessive bleeding, pain and tenderness over the next few days please contact our rooms on 9828 1300.